

Job Description: Clinical/Counselling Psychologist

Job Title: Clinical/Counselling Psychologist with Young Roots Partnership

Responsible to: Senior Clinical Psychologist

Hours: 2 days per week (0.4 FTE; 15 hours, 1 year contract (with the potential to be

extended)

Salary: £42,800 p.a. pro rata

Benefits: 27 days holiday (pro rata) plus 4% matched pension contribution

Location: Helen Bamber Foundation, London; Young Roots, London.

<u>Please note, due to the requirements of the service the appointed person will need to be available to work on Wednesdays due to the configuration of the service. Please bear this in mind when making your application.</u>

BACKGROUND

The Helen Bamber Foundation is a human rights organisation supporting asylum seekers, refugees, victims of human trafficking and other human rights violations. Our specialist team of therapists, doctors and legal experts hold an international reputation for providing therapeutic care, medical consultation, legal protection, and practical support. The Helen Bamber Foundation is committed to safeguarding vulnerable adults and children.

We have worked in partnership with the Young Roots charity for the last five years providing a service to young, unaccompanied asylum seekers aged between 16 and 25 and we are looking to employ a psychologist to assist with that work.

EQUAL OPPORTUNITIES

The Helen Bamber Foundation and Asylum Aid is an equal opportunities and Living Wage employer. We are committed to attracting and recruiting diverse candidates as we strive to ensure that our staff, trustees, volunteers, and ambassadors reflect the communities we serve and the wider community we work in at every level of the organisation. We actively welcome applications from people of colour, applicants with disabilities, applicants with lived experience of the asylum system, and from other minority groups.

OVERVIEW OF THE ROLE

As a Clinical/Counselling Psychologist within the Young Roots service, you will report directly to the Senior Clinical Psychologist responsible for the service and support them in providing a comprehensive range of therapeutic interventions to clients of Young Roots.

This role will include delivery of highly specialised psychological assessments for both medico-legal and clinical purposes, provision of appropriate evidence-based therapies, delivery of clinical supervision to staff, and where relevant, supervision of assistant and/or trainee clinical psychologists on final year specialist placements. At times, the role may include input into policy, research and fundraising and delivery of consultancy and training.

We are looking for someone who is committed to working therapeutically with young people who experienced human rights abuses and post-migration stressors and present with trauma spectrum disorders, depression, and anxiety as a result. In addition to proven experience in working therapeutically with this client group, the candidate will have a passion for human rights work beyond the individual client work, and a desire to contribute to effecting change at a policy level. This role requires the ability to react and respond creatively and appropriately to the needs of the charity.

MAIN DUTIES AND RESPONSIBILITIES

- Working closely with the Senior Clinical Psychologist to ensure the delivery of a range of evidence based psychological therapies to clients of the Young Roots/Helen Bamber Foundation partnership, including individual an
- To provide specialist psychological assessments and deliver individual and group-based psychological therapies to clients of Young Roots.
- To liaise with other non-statutory and statutory organisations on matters of clinical care, social needs, and policy.
- Where appropriate, to train in the preparation of medico-legal reports and to contribute to the preparation these reports.

Where applicable:

- To contribute towards research and audit projects relevant to Young Roots (in collaboration with the Senior Clinical Psychologist).
- To provide internal and external training, where relevant.
- To supervise other staff or trainees. This may include trainee clinical psychologists, assistant psychologists, research assistants or non-clinical staff.
- To input into case studies, policy and position statements with other members of Young Roots/the Helen Bamber Foundation.
- To promote the work of Young Roots/the Helen Bamber Foundation at conferences and other events.

PERSONAL PROFESSIONAL DEVELOPMENT

- Performance Review and Personal Development Planning.
- Access to a wide range of resources and trainings at Young Roots and at HBF.

Your responsibilities:

- Ensuring your Continuing Professional Development requirements of the Health and Care Professions Council and other governing bodies.
- Working within the expectations of relevant governing professional bodies.

• Ensuring you are up to date with relevant literature and research relevant to the client group and attend appropriate training as agreed with your line manager.

PERSON SPECIFICATION

The successful candidate will be a clinical or counselling psychologist who is passionate about working with young people who have experienced migration and human rights abuses, delivering evidence-based therapies for Posttraumatic Stress Disorder and other mental health problems, as well as understanding the unique social and political context our clients are living in and the effect of this on their psychological wellbeing.

Please note that the individual working in this post will be exposed to material of a highly traumatic nature and will hear and read about extreme human cruelty.

Essential

- To have successfully completed a recognized doctoral level training in Clinical or Counselling Psychology (DClinPsy or DCounsPsy) and to have completed a range of clinical placements during training.
- To be registered with the Health and Care Professions Council (HCPC).
- To have experience in working with clients with PTSD and other trauma spectrum disorders.
- To have experience in working with individuals who have experienced multiple traumatic events, developmental trauma and/or have a clinical presentation suggestive of 'complex' PTSD.
- Experience of and commitment to delivering therapy for the treatment of PTSD using trauma focused CBT, EMDR, or Narrative Exposure Therapy.
- To have demonstrable experience in providing other evidence-based therapies for common mental health problems.
- To have experience in assessing individuals from a range of cultural or ethnic backgrounds.
- Experience of working with interpreters.
- Experience of, and commitment to, multidisciplinary team working.
- Experience of providing clinical supervision.
- Working knowledge of the legal, political and social issues in the human rights, asylum & refugee, and health sectors.
- Exceptional organizational skills with experience of managing multiple tasks and prioritizing effectively.
- Accuracy and excellent attention to detail.
- Good interpersonal and team working skills, with an ability to work independently and seize opportunities.
- Computer literate and confident in using all MS Office software.
- Understanding of, and commitment to, the objectives of Helen Bamber Foundation and Young
- To take responsibility for self-care in the face of regular exposure to highly emotive or traumatic material.

Desirable

- At least one year's post qualification experience.
- To have experience of working in the non-statutory sector.

- Prior experience of working with asylum seekers, refugees or survivors of trafficking in a clinical context.
- Experience of presenting at conferences or other events.
- Experience of providing training.

Please note that the successful candidate will be offered the role subject to suitable references and a DBS check. This role will require disclosure of both the adult and child barring lists. If appointed, you will be required to give your consent to HBF to receive regular updates on your criminal records status and to disclose any relevant convictions incurred during your time with us. You will also be subject to a public online search.

For any queries, please call 0203 058 2020 and ask to speak to Dr Angeliki Argyriou (angeliki.argyriou@helenbamber.org)

How to apply: Please submit an up-to-date CV and a covering letter by Wednesday 9th October at 12pm, outlining your relevant skills and experience, as well as how your previous experience matches the listed responsibilities and person specification to jobs@helenbamber.org

Please state in your covering letter when you would be available to start the role. **Interviews are** scheduled to be held on Wednesday 16th October

We reserve the right to close applications early should we receive sufficient applications for the role. We regret that we can only respond to applicants who make it to the interview stage. No agencies.