

Job Description: Clinical Psychologist (1-year sabbatical cover)

Job Title:	Senior Clinical Psychologist
Responsible to:	Director of Therapy
Hours:	Three days a week (0.6 FTE; 22.5 hours)
Salary:	£48, 300 p.a. pro rata
Benefits:	27 days holiday (pro rata) plus 4% matched pension contribution
Location:	Helen Bamber Foundation, Old Street, London.
Start Date:	January 2025
Contract:	Short-term:1-year sabbatical cover

## BACKGROUND

The Helen Bamber Foundation is a busy charity supporting asylum seekers, refugees, victims of human trafficking and other human rights violations. Our specialist team of therapists, doctors and legal experts hold an international reputation for providing therapeutic care, medical consultation, legal protection, and practical support. **The Helen Bamber Foundation is committed to safeguarding vulnerable adults and children.**

We are looking for a Senior Clinical Psychologist to join our therapy team.

## EQUAL OPPORTUNITIES

The Helen Bamber Foundation and Asylum Aid is an equal opportunities and Living Wage employer. We are committed to attracting and recruiting diverse candidates as we strive to ensure that our staff, trustees, volunteers, and ambassadors reflect the communities we serve and the wider community we work in at every level of the organisation. We actively welcome applications from people of colour, applicants with disabilities, applicants with lived experience of the asylum system, and from other minority groups.

## OVERVIEW OF THE ROLE

As a Senior Clinical Psychologist at the Helen Bamber Foundation, you will report directly to the Director of Therapy. This role will include delivery of highly specialised psychological assessments for both medico-legal and clinical purposes, provision of appropriate evidence-based therapies, delivery of clinical supervision to qualified clinicians, assistant and trainee

clinical psychologists on final year specialist placements, non-clinical members of staff. The role may include input into policy, research and fundraising and delivery of consultancy and training.

We are looking for someone who is committed to working therapeutically with individuals who experience trauma spectrum disorders and other psychological difficulties as a result of surviving human rights abuses, separation from family, and/or post-migration stressors. In addition to proven experience in working therapeutically with this client group, the candidate will have a passion for human rights work beyond the individual client work, and a desire to contribute to effecting change at a policy level. This role requires the ability to react and respond creatively and appropriately to the needs of the charity.

## MAIN DUTIES AND RESPONSIBILITIES

Under the supervision of senior clinicians at the Helen Bamber Foundation, work independently to ensure the delivery of a range of evidence based psychological therapies to clients.

- Provide specialist psychological assessments and deliver trauma-focused psychological therapies to clients of the Helen Bamber Foundation.
- Train in the preparation of medico-legal reports and where relevant, contribute to the preparation of these reports for clients.
- Develop and carry out audits and research projects.
- Provide internal and external training in collaboration with your line manager.
- Supervise junior staff. This may include newly qualified psychologists, trainee clinical psychologists, assistant psychologists, and research assistants.
- Provide supervisory support for non-clinical staff where needed.
- Liaise with other non-statutory and statutory organisations on matters of clinical care, safeguarding and policy.
- Monitor the effectiveness of the interventions provided and provide feedback to funding bodies in the form of data and reports.
- Promote the work of the Helen Bamber Foundation at conferences and other events.

## PERSONAL PROFESSIONAL DEVELOPMENT

Annual performance Review and Personal Development Planning.

- Ensure your Continuing Professional Development requirements of the Health and Care Professions Council and other governing bodies.
- Work within the expectations of relevant governing professional bodies.
- Ensure you are up to date with relevant literature and research relevant to the client group and attend appropriate training as necessary.
- Ensure you put in place self-care measures whilst working in an environment with exposure to traumatic material.

## PERSON SPECIFICATION

The successful candidate will be a clinical psychologist who is passionate about working with survivors of human rights abuses, delivering evidence-based therapies for posttraumatic stress disorder and other mental health problems, as well as understanding the unique social and political context our clients are living in and the effect of this on their psychological wellbeing. They will be highly motivated and able to work independently.

Please note that the individual working in this post will be exposed to material of a highly traumatic nature and will hear and read about extreme human cruelty. You will be subjected to a public online search

### Essential

- Have successfully completed a recognized doctoral level training in Clinical Psychology (DClinPsy) and to have completed a range of clinical placements during training.
- To be registered with the Health and Care Professions Council (HCPC)
- Have experience in working clinically with clients with PTSD (Post Traumatic Stress Disorder) and other trauma spectrum disorders.
- Have experience in working with individuals who have experienced multiple traumatic events, developmental trauma and/or have a clinical presentation suggestive of 'complex' PTSD.
- Have experience of delivering therapy for the treatment of PTSD using trauma focused CBT (Cognitive Behavioural Therapy), EMDR (Eye Movement Desensitisation and Reprocessing), or Narrative Exposure Therapy.
- Have experience in assessing and providing evidence-based therapies to individuals from a range of cultural backgrounds, and through interpreters.
- Have experience of presenting at conferences or other events.
- Have experience of, and commitment to, multidisciplinary team working.
- Have a working knowledge of the legal, political, and social issues in the human rights, asylum & refugee, and health sectors.
- Exceptional organizational skills with experience of managing multiple tasks and prioritizing effectively.
- Accuracy and excellent attention to detail.
- Good interpersonal and team working skills, with an ability to work independently and seize opportunities.
- Computer literate and confident in using all MS Office software.
- Understanding of, and commitment to, the objectives of the Helen Bamber Foundation.

- Understand and Implement trauma-informed practice and systems
- Experience of providing clinical supervision.
- At least two year's post qualification experience.

### Desirable

- To have successfully completed a specialist trauma placement during clinical training.
- Experience of working in the non-statutory sector.
- Demonstrable experience in research skills and preparation of manuscripts for publication.

**Please note that** the successful candidate will be offered the role subject to suitable references and a DBS check. This role will require disclosure of both the adult and child barring lists. If appointed, you will be required to give your consent to HBF to receive regular updates on your criminal records status and to disclose any relevant convictions incurred during your time with us. You will also be subject to a public online search.

For any queries, please call 0203 058 2020 and ask to speak to Dr Christina Curry (christina.curry@helenbamber.org)

***How to apply:*** Please submit an up-to-date CV and a covering letter by **Wednesday 10th October**, outlining your relevant skills and experience, as well as how your previous experience that matches the listed responsibilities and person specification to [jobs@helenbamber.org](mailto:jobs@helenbamber.org)

We reserve the right to close applications early should we receive sufficient applications for the role. Please state in your covering letter when you would be available to start the role. Interviews are scheduled to be held on **17<sup>th</sup> October 2024**.

We regret that we can only respond to applicants who make it to the interview stage. No agencies.