

# Internal Job Opening: Senior Clinical Psychologist

Job Title: Senior Clinical Psychologist with Young Roots Partnership

Responsible to: Senior Clinical Psychologist / Head of Therapies Hours: 2 days per week (0.4 FTE; 15 hours); permanent

Salary: £48,300 p.a. pro rata

Benefits: 27 days holiday (pro rata) plus 4% matched pension contribution

Location: Helen Bamber Foundation, London; Young Roots, London.

Start Date: January 2025

Please note, due to the requirements of the service the appointed person will need to be available to work on Wednesdays due to the configuration of the service. Please bear this in mind when making your application.

#### **BACKGROUND**

The Helen Bamber Foundation is a human rights organisation supporting asylum seekers, refugees, victims of human trafficking and other human rights violations. Our specialist team of therapists, doctors and legal experts hold an international reputation for providing therapeutic care, medical consultation, legal protection, and practical support. The Helen Bamber Foundation is committed to safeguarding vulnerable adults and children.

We have worked in partnership with the Young Roots charity for the last five years providing a service to young, unaccompanied asylum seekers aged between 16 and 25 and we are looking for a Senior Clinical Psychologist to manage and support this work.

# **EQUAL OPPORTUNITIES**

The Helen Bamber Foundation and Asylum Aid is an equal opportunities and Living Wage employer. We are committed to attracting and recruiting diverse candidates as we strive to ensure that our staff, trustees, volunteers, and ambassadors reflect the communities we serve and the wider community we work in at every level of the organisation. We actively welcome applications from people of colour, applicants with disabilities, applicants with lived experience of the asylum system, and from other minority groups.

#### OVERVIEW OF THE ROLE

As a Senior Clinical Psychologist within the Young Roots psychology service, you will report to a Senior Clinical Psychologist at HBF/Head of Therapies and manage the clinical services of the Young Roots Partnership.

This role will include management of the overall partnership project, delivery of highly specialised psychological assessments for both medico-legal and clinical purposes, provision of appropriate evidence-based therapies, delivery of clinical supervision to qualified clinicians, assistant and trainee clinical psychologists on final year specialist placements, and non-clinical members of staff. The role will also include input into policy, research and fundraising and delivery of consultancy and training.

We are looking for someone who is committed to working therapeutically with young people who experienced human rights abuses and post-migration stressors and present with trauma spectrum disorders, depression, and anxiety as a result. In addition to proven experience in working therapeutically with this client group, the candidate will have a passion for human rights work beyond the individual client work, and a desire to contribute to effecting change at a policy level. This role requires the ability to react and respond creatively and appropriately to the needs of the charity.

## MAIN DUTIES AND RESPONSIBILITIES

Under the supervision of senior clinicians at the Helen Bamber Foundation, work independently to ensure the delivery of a range of evidence based psychological therapies to clients.

- Provide specialist psychological assessments and deliver trauma-focused psychological therapies to clients of the Helen Bamber Foundation.
- Train in the preparation of medico-legal reports and where relevant, contribute to the preparation of these reports for clients.
- Develop and carry out audits and research projects.
- Provide internal and external training in collaboration with your line manager.
- Supervise junior staff. This may include newly qualified psychologists, trainee clinical psychologists, assistant psychologists, and research assistants.
- Provide supervisory support for non-clinical staff where needed.
- Liaise with other non-statutory and statutory organisations on matters of clinical care, safeguarding and policy.
- Monitor the effectiveness of the interventions provided and provide feedback to funding bodies in the form of data and reports.
- Promote the work of the Helen Bamber Foundation at conferences and other events.

## PERSONAL PROFESSIONAL DEVELOPMENT

Annual performance Review and Personal Development Planning.

• Ensure your Continuing Professional Development requirements of the Health and Care Professions Council and other governing bodies.

- Work within the expectations of relevant governing professional bodies.
- Ensure you are up to date with relevant literature and research relevant to the client group and attend appropriate training as necessary.
- Ensure you put in place self-care measures whilst working in an environment with exposure to traumatic material.

#### PERSON SPECIFICATION

The successful candidate will be a clinical or counselling psychologist who is passionate about working with young people who have experienced migration and human rights abuses, delivering evidence-based therapies for Post-traumatic Stress Disorder and other mental health problems, as well as understanding the unique social and political context our clients are living in and the effect of this on their psychological wellbeing.

Please note that the individual working in this post will be exposed to material of a highly traumatic nature and will hear and read about extreme human cruelty.

### Essential

- To have successfully completed a recognised doctoral level training in Clinical or Counselling Psychology (DClinPsy or DCounsPsy) and to have completed a range of clinical placements during training.
- To be registered with the Health and Care Professions Council (HCPC).
- At least two year's post qualification experience.
- Experience in working clinically with clients with PTSD and other trauma spectrum disorders.
- Experience in working with individuals who have experienced multiple traumatic events, developmental trauma and/or have a clinical presentation suggestive of 'complex' PTSD.
- Prior experience of working with asylum seekers, refugees or survivors of trafficking in a clinical context.
- Experience of and commitment to delivering therapy for the treatment of PTSD using trauma focused CBT, EMDR, or Narrative Exposure Therapy.
- Demonstrable experience in providing other evidence-based therapies for common mental health problems.
- Experience in assessing and providing evidence-based therapies to individuals from a range of cultural backgrounds.
- Experience of working with interpreters.
- Experience of presenting at conferences or other events.
- Experience of, and commitment to, multidisciplinary team working.
- Experience of providing clinical supervision.
- Working knowledge of the legal, political and social issues in the human rights, asylum & refugee, and health sectors.
- Exceptional organizational skills with experience of managing multiple tasks and prioritizing effectively.

- Accuracy and excellent attention to detail.
- Good interpersonal and team working skills, with an ability to work independently and seize opportunities.
- Computer literate and confident in using all MS Office software.
- Understanding of, and commitment to, the objectives of Helen Bamber Foundation and Young Roots.
- To take responsibility for self-care in the face of regular exposure to highly emotive or traumatic material.
- Understanding and ability to implement trauma-informed practice and systems.

#### Desirable

- Experience of working in the non-statutory sector.
- Experience of presenting at conferences or other events.
- Experience of providing training.
- Experience with managing teams.
- Experience of working with children and young people in CAMHS / other young people services.
- Active interest and understanding of national policies and local practices that affect young people seeking asylum.
- Experience of working in partnership between organisations.

Please note that the successful candidate will be offered the role subject to suitable references and a DBS check. This role will require disclosure of both the adult and child barring lists. If appointed, you will be required to give your consent to HBF to receive regular updates on your criminal records status and to disclose any relevant convictions incurred during your time with us. You will also be subject to a public online search.

For any queries, please call 0203 058 2020 and ask to speak to Dr Angeliki Argyriou (angeliki.argyriou@helenbamber.org)

How to apply: Please submit an up-to-date CV and a covering letter by Friday 1<sup>st</sup> November at 12pm, outlining your relevant skills and experience, as well as how your previous experience that matches the listed responsibilities and person specification to jobs@helenbamber.org