

## Job Description: Co-Director of Therapy

**Job Title:** Co-Director of Therapy

**Location:** Helen Bamber Foundation, London

**Responsible to:** CEO

**Hours:** 2 days per week (15 hours, 0.4 FTE) permanent

**Salary:** £57,266 pro rata

**Benefits:** 16.5 days holiday plus 4% matched pension contribution

### BACKGROUND

The Helen Bamber Foundation is a human rights organisation with an international reputation for providing medical consultation, therapeutic care, legal protection and practical support to survivors of trafficking and torture. We are a team of therapists, doctors, lawyers, caseworkers and administrators who help men, women and children recover from the emotional and physical damage they have suffered as a result of torture, human trafficking, or other forms of cruelty.

### OVERVIEW OF THE ROLE

As co-Director of Therapy within the Helen Bamber Foundation, you will be responsible for working with the co-Director, Therapy Team Manager and associates in the oversight and provision of a comprehensive range of therapeutic interventions to clients of the Helen Bamber Foundation and its partners.

This role will include oversight and strategy development, with the aim of ensuring that the Helen Bamber Foundation is able to both provide and increase access to appropriate evidence-based therapies, to our highly specialised psychological assessments for both medico-legal and clinical purposes, and line management and clinical supervision to clinical staff, partnerships, and, where relevant, trainee clinical psychologists on final year specialist placements. This role will include leading on research, delivering on consultancy and training as well as inputting into policy and fundraising.

We are looking for someone who is committed to ensuring that individuals who have experienced human rights abuses and who have developed trauma spectrum disorders as a result get the therapy they need. Therefore, in addition to proven experience in working therapeutically with this client group, the candidate will have a passion for human rights work beyond the individual client work, and a desire to contribute to

**Founder:** Helen Bamber OBE, DU (Essex)

#### Human Rights Advisory Group

Sir Nicolas Bratza, Parosha Chandran, Shu Shin Luh

#### Managing Executives

Kerry Smith (Chief Executive Officer),

Professor Cornelius Katona MD FRCPsych (Medical Director)

Gareth Holmes (Director of Fundraising and Communication)

Anne Muthee (Director of Finance and Operations)

**President:** Emma Thompson (DBE)

#### Board of Trustees

Charlotte Seymour-Smith (Chair), Hugh Richardson (Treasurer),

Sir Nicolas Bratza, Rebecca Hirst, Sam Peter,

Nancy McCartney, Prof Ian Watt, Nina Kowalska

**Registered Charity No.** 1149652 **Company No.** 08186281

effecting change at a policy level. This role requires the ability to react and respond creatively and appropriately to the needs of the charity.

## EQUAL OPPORTUNITIES

The Helen Bamber Foundation and Asylum Aid is an equal opportunities and Living Wage employer. We are committed to attracting and recruiting diverse candidates as we strive to ensure that our staff, trustees, volunteers and ambassadors reflect the communities we serve and the wider community we work in at every level of the organisation. We actively welcome applications from people of colour, applicants with disabilities, applicants with lived experience of the asylum system, and from other minority groups.

## MAIN DUTIES AND RESPONSIBILITIES

- Working closely with your co-director of Therapy and with the management and wider therapy team, ensure the delivery of a range of evidence based psychological therapies to clients of the Helen Bamber Foundation.
- Make significant contributions to HBF's strategic aim to expand access to evidence-based trauma focussed therapies through research, training, partnerships and supervision.
- Contribute to the preparation of MLR reports, board reports, and where relevant, to attend the Clinical Governance Board Subcommittee
- Lead research and audit projects relevant to the Helen Bamber Foundation, with a focus on building the evidence base for the support and treatment of survivors of extreme human cruelty, and to attend the Helen Bamber Foundation's Research Committee
- To provide internal and external training
- To work closely with the management and therapy teams to ensure the delivery of a range of evidence based psychological therapies to clients of the Helen Bamber Foundation.
- To ensure that co-production and the voices of those with lived experience are at the heart of the Foundation's strategy, ethos and recruitment
- To liaise with other non-statutory and statutory organisations on matters of clinical care and policy.
- To supervise and line manage clinical psychologists, specialist psychotherapists and where relevant, trainee clinical psychologists.
- To have oversight of safeguarding/risk issues that arise in consultation with the clinical governance committee
- To support recruitment of qualified therapist roles
- To input into policy and position statements with other members of the Helen Bamber Foundation.
- To supervise other staff, including HBF partnership staff

Where applicable:

- To promote the work of the Helen Bamber Foundation at conferences and other events.
- To attend complex cases meetings in rotation with a clinical psychologist
- To hold a small clinical caseload providing specialist psychological assessments and deliver psychological therapies to clients of the Helen Bamber Foundation.

## PERSONAL PROFESSIONAL DEVELOPMENT

- Performance Review and Personal Development Planning.
- Access to a wide range of resources and trainings at HBF.

Your responsibilities:

- Ensuring your Continuing Professional Development requirements of the Health and Care Professions Council and other governing bodies.
- Working within the expectations of relevant governing professional bodies.
- Ensuring you are up to date with relevant literature and research relevant to the client group and attend appropriate training as agreed with your line manager.

## PERSON SPECIFICATION

The successful candidate will be a clinical psychologist who is passionate about working with victims of human rights abuses, delivering evidence-based therapies for Posttraumatic Stress Disorder and other mental health problems, as well as understanding the unique social and political context our clients are living in and the effect of this on their psychological wellbeing.

### Essential

- To have successfully completed a recognized doctoral level training in Clinical Psychology (DClinPsy) plus additional training in evidence-based PTSD therapies
- To be registered with the Health and Care Professions Council (HCPC).
- To have experience in working with clients with PTSD and other trauma spectrum disorders.
- To have experience in working with individuals who have experienced multiple traumatic events, developmental trauma and/or have a clinical presentation suggestive of 'complex' PTSD.
- Experience of and commitment to delivering therapy for the treatment of PTSD using trauma focused CBT, EMDR, or Narrative Exposure Therapy.
- Experience of, and commitment to, multidisciplinary team working.
- Experience of providing clinical supervision.
- Working knowledge of the legal, political and social issues in the human rights, asylum & refugee, and health sectors.
- Exceptional organizational skills with experience of managing multiple tasks and prioritizing effectively.
- Accuracy and excellent attention to detail.
- Good interpersonal and team working skills, with an ability to work independently and seize opportunities.
- Computer literate and confident in using all MS Office software.
- Understanding of, and commitment to, the objectives of Helen Bamber Foundation.
- Experience of providing training.
- Experience of line management of clinical staff
- To have experience of working in the non-statutory sector.
- Knowledge of the charity sector

### Desirable

- At least six years post qualification experience.
- Publications in this area, or an authority on issues affecting our client group
- Experience of provision of long-term psychological therapy and of group therapies
- Experience of talking to the media

**Please note** that the successful candidate will be offered the job subject to suitable references and a DBS check. This role will require disclosure of both the adult and child barring lists. If appointed, you will be required to give your consent to HBF to receive regular updates on your criminal records status throughout your employment.

Please put in your application, a CV and covering letter, to [jobs@helenbamber.org](mailto:jobs@helenbamber.org) by 9<sup>th</sup> November 2024. For any queries, please call 0203 058 2020 and ask to speak to Dr Christina Curry ([Christina.Curry@helenbamber.org](mailto:Christina.Curry@helenbamber.org)).