

## Senior Clinical Psychologist

Job Title:	Senior Clinical Psychologist with Young Roots Partnership
Responsible to:	Senior Clinical Psychologist / Head of Therapies
Hours:	2 days per week (0.4 FTE; 15 hours)*; permanent <ul style="list-style-type: none"><li>- 1 day a week at the Helen Bamber Foundation office in Old Street;</li><li>- 1 morning or afternoon a week at home (or Helen Bamber Foundation office if preferred) and then attending the Young Roots Hub in Harlesden (5-8pm) on Wednesdays</li></ul>
Salary:	£48,300 p.a. pro rata
Location:	Helen Bamber Foundation office in Old Street and Young Roots Hub in Harlesden
Start Date:	July 2025
Benefits:	Annual Leave: 27 days plus bank holidays (increasing to 29 days after three years of service, and to 30 days after five years of service) plus up to 4 discretionary days for the winter closure period
Winter closure period:	Two week winter closure period where the charity is closed
Pension:	4% contribution by the Helen Bamber Foundation Group
Enhanced pay:	Enhanced maternity, paternity, adoption and Family Reunion pay

\* Please note, due to the requirements of the service the appointed person will need to be available to work on **Wednesdays** due to the configuration of the service. Please bear this in mind when making your application.

## BACKGROUND

*“Our society will be judged by how we respond to those to whom we owe nothing.”*

Helen Bamber OBE

**Vision:** All survivors of trafficking, torture, and extreme human cruelty have safety, freedom, and power.

### Mission:

- Support: Using our Model of Integrated Care and legal expertise, we protect survivors from persecution, re-trafficking, exploitation, and abuse.
- Collaborate: Working with individuals with lived experience and key partners, we tackle systemic challenges facing survivors, train practitioners, and promote best practices to support more people.
- Advocate: Drawing on our unique expertise, we drive policy and systemic changes to improve access to protection and uphold the human rights of survivors.

The Helen Bamber Foundation, founded in 2005 by the pioneering human rights advocate Helen Bamber, was created to reflect the evolving global patterns of violence and persecution. Helen Bamber, who entered Bergen-Belsen Concentration Camp in 1945 as part of one of the first rehabilitation teams, recognised that all survivors of extreme violence—regardless of the perpetrator—require safety, legal protection, and medical and emotional support. Today it is a specialist clinical and human rights charity that works with people seeking asylum and refugees who are Survivors of trafficking, torture and other forms of extreme human cruelty.

In 2020 the Helen Bamber Foundation joined forces with Asylum Aid (established in 1990) to form the Group. Asylum Aid specialises in providing legal representation to vulnerable individuals seeking asylum, focusing on the most complex cases including survivors of trafficking, children, and stateless people. Asylum Aid is a leading actor in strategic litigation and advocates for policy and systemic changes to remove barriers to protection and justice. Asylum Aid maximises its impact by providing training and working in partnership with other organisations.

Today, the Helen Bamber Foundation's unique Model of Integrated Care (MoIC) provides holistic support encompassing therapy, legal advocacy, medical treatment, and practical assistance, helping survivors rebuild their lives with safety, freedom, and dignity. Using our expertise we drive best practice and systems change to deliver for all survivors.

We are innovative, ambitious and compassionate. The bravery and resilience of our clients is an inspiration to all the team at Helen Bamber Foundation Group, which comprises Helen Bamber Foundation and Asylum Aid. We believe that all Survivors should have safety, freedom and power to rebuild their lives.

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## Equity, Diversity & Inclusion

Our commitment to principles of equity, diversity and inclusion is an integral part of our approach to our clients, our volunteers and our staff, and we are an equal opportunities and Living Wage employer.

We are committed to attracting and recruiting diverse candidates because we are keen to make sure that all our staff, trustees, volunteers and ambassadors reflect the communities we serve and the wider community we work in.

We recognise and value the role diversity plays in good governance and genuinely welcome and encourage applications from a range of backgrounds, especially people of colour, people with disabilities, people from low socio-economic backgrounds, refugees, stateless people and others with lived experience of forced migration or trauma.

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## OVERVIEW OF THE ROLE

We have worked in partnership with the Young Roots charity for the last five years providing a service to young, unaccompanied asylum seekers aged between 16 and 25 and we are looking for a Senior Clinical Psychologist to manage and support this work.

As a Senior Clinical Psychologist within the Young Roots psychology service, you will report to a Senior Clinical Psychologist at HBF/Head of Therapies and manage the clinical services of the Young Roots Partnership.

This role will include management of the overall partnership project, delivery of highly specialised psychological assessments for both medico-legal and clinical purposes, provision of appropriate evidence-based therapies, delivery of clinical supervision to qualified clinicians, assistant and trainee clinical psychologists on final year specialist placements, and non-clinical members of staff. The role will also include input into policy, research and fundraising and delivery of consultancy and training.

We are looking for someone who is committed to working therapeutically with young people who experienced human rights abuses and post-migration stressors and present with trauma spectrum disorders, depression, and anxiety as a result. In addition to proven experience in working therapeutically with this client group, the candidate will have a passion for human rights work beyond the individual client work, and a desire to contribute to effecting change at a policy level. This role requires the ability to react and respond creatively and appropriately to the needs of the charity.

## **MAIN DUTIES AND RESPONSIBILITIES**

Under the supervision of senior clinicians at the Helen Bamber Foundation, work independently to ensure the delivery of a range of evidence based psychological therapies to clients.

- Provide specialist psychological assessments and deliver trauma-focused psychological therapies to clients of the Helen Bamber Foundation.
- Train in the preparation of medico-legal reports and where relevant, contribute to the preparation of these reports for clients.
- Develop and carry out audits and research projects.
- Provide internal and external training in collaboration with your line manager.
- Supervise junior staff. This may include newly qualified psychologists, trainee clinical psychologists, assistant psychologists, and research assistants.
- Provide supervisory support for non-clinical staff where needed.
- Liaise with other non-statutory and statutory organisations on matters of clinical care, safeguarding and policy.
- Monitor the effectiveness of the interventions provided and provide feedback to funding bodies in the form of data and reports.
- Promote the work of the Helen Bamber Foundation at conferences and other events.

## **PERSONAL PROFESSIONAL DEVELOPMENT**

- Annual performance Review and Personal Development Planning.
- Ensure your Continuing Professional Development requirements of the Health and Care Professions Council and other governing bodies.

- Work within the expectations of relevant governing professional bodies.
- Ensure you are up to date with relevant literature and research relevant to the client group and attend appropriate training as necessary.
- Ensure you put in place self-care measures whilst working in an environment with exposure to traumatic material.

## PERSON SPECIFICATION

The successful candidate will be a clinical or counselling psychologist who is passionate about working with young people who have experienced migration and human rights abuses, delivering evidence-based therapies for Post-traumatic Stress Disorder and other mental health problems, as well as understanding the unique social and political context our clients are living in and the effect of this on their psychological wellbeing.

Please note that the individual working in this post will be exposed to material of a highly traumatic nature and will hear and read about extreme human cruelty.

### Essential

- To have successfully completed a recognised doctoral level training in Clinical or Counselling Psychology (DClinPsy or DCounsPsy) and to have completed a range of clinical placements during training.
- To be registered with the Health and Care Professions Council (HCPC).
- Experience in working clinically with clients with PTSD and other trauma spectrum disorders, including individuals who have experienced multiple traumatic events, developmental trauma and/or have a clinical presentation suggestive of 'complex' PTSD.
- Prior experience of working with asylum seekers, refugees or survivors of trafficking in a clinical context.
- Experience of working with children and young people in CAMHS / other young people services.
- Experience of and commitment to delivering therapy for the treatment of PTSD using trauma focused CBT, EMDR, or Narrative Exposure Therapy.
- Demonstrable experience in providing other evidence-based therapies for other common mental health problems.
- Experience in assessing and providing evidence-based therapies to individuals from a range of cultural backgrounds.
- Experience of working with interpreters.
- Experience of, and commitment to, multidisciplinary team working.
- Experience of providing clinical supervision.
- Working knowledge of the legal, political and social issues in the human rights, asylum & refugee, and health sectors.
- Exceptional organizational skills with experience of managing multiple tasks and prioritizing effectively.
- Accuracy and excellent attention to detail.

- Good interpersonal and team working skills, with an ability to work independently and seize opportunities.
- Computer literate and confident in using all MS Office software.
- Understanding of, and commitment to, the objectives of Helen Bamber Foundation and Young Roots.
- To take responsibility for self-care in the face of regular exposure to highly emotive or traumatic material.
- Understanding and ability to implement trauma-informed practice and systems.

### Desirable

- At least two years post qualification experience.
- Experience of working in the non-statutory sector.
- Experience of presenting at conferences or other events.
- Experience of preparing medico-legal reports or letters.
- Experience of providing training.
- Experience with managing teams.
- Active interest and understanding of national policies and local practices that affect young people seeking asylum.
- Experience of working in partnership between organisations.

## APPLICATION PROCESS

The first stage is to complete on our online application form on our website **by 12pm on Tuesday 22nd April.**

The website form will ask you to:

1. Upload a short covering letter. Please tell us why the position appeals to you, and how your skills and experience demonstrate your suitability for the role.
2. Upload your current CV.
3. Complete an online Equal Opportunities monitoring form – completion of this form will help us ensure that our recruitment procedures operate in such a way as to provide genuine equality of opportunity. The questions are entirely optional and this information will not be available to members of the selection panel.

For any queries, please contact Dr Francesca Brady at [Francesca@helenbamber.org](mailto:Francesca@helenbamber.org).

## ELIGIBILITY

Please note that the successful candidate will have the right to work in the UK will be subject to an enhanced DBS check and disclosure of adult and child barring lists. If appointed, you will also be required to give your consent to the charity to receive regular updates on your criminal records status throughout your employment.

## ADJUSTMENTS

We are committed to providing reasonable adjustments throughout our recruitment process and we'll always endeavour to be as accommodating as possible. If you require a different format of the application form, such as large print or Word format, or if you would like to discuss any specific requirements, please get in touch with us at [jobs@helenbamber.org](mailto:jobs@helenbamber.org).

## EXPERTS BY EXPERIENCE SUPPORT

We are also proud to be a member of the Experts by Experience Employment Network ([www.ebeemployment.org.uk](http://www.ebeemployment.org.uk)), which aims to increase representation of people with lived experience in the charitable sector. Please feel free to use information and resources at <https://www.ebeemployment.org.uk/ebe> which may help in preparing your job application.

